

The book was found

The Pointe Book: Shoes, Training & Technique Second Edition



Synopsis

Expanded and updated throughout, this guide provides a thorough examination of pointe shoes and pointe technique. Dancers quickly benefit from the most current research that offers the most recent information on hundreds of contemporary designs, materials, products, and suppliers. It illuminates the shoemaking process and gives advice about how to best fit, care for and custom-order shoes. The basics of point readiness, pointe technique, different pointe methods and the history of pointe are discussed. Includes a handy reference on pointe-related injuries and their remedies. The authors also provide an authoritative pointe class syllabus for teachers and students. In the last chapter four prominent ballerinas talk about their shoes, how they found the perfect fit and the joy of dancing on pointe.

Book Information

Paperback: 304 pages

Publisher: Princeton Book Company; 2nd edition (June 1, 2004)

Language: English

ISBN-10: 087127261X

ISBN-13: 978-0871272614

Product Dimensions: 6 x 0.8 x 9 inches

Shipping Weight: 1.1 pounds

Average Customer Review: 4.1 out of 5 stars 19 customer reviews

Best Sellers Rank: #135,272 in Books (See Top 100 in Books) #36 in [Books > Arts &](#)

[Photography > Performing Arts > Dance > Classical](#) #40 in [Books > Textbooks > Humanities >](#)

[Performing Arts > Dance](#) #60 in [Books > Arts & Photography > Other Media > Video Games](#)

Customer Reviews

""Addresses nearly every question that you could think to ask about pointe shoes."

Janice Barringer teaches, choreographs and lectures in the United States, Canada and China and writes for Pointe and American Dancer magazines. She has been spotlighted in the PBS Dance in America series, and she has been on the faculty of the American Dance Centre, Ballet Hispanico, Harkness House and Steps on Broadway. Sarah Schlesinger, former owner of Capezio Dance Theatre Shops in Maryland and Delaware, has extensive experience fitting pointe shoes and solving pointe shoerelated problems. She is chair at the graduate musical theatre writing program at New York University's Tisch School of the Arts.

A very good book for learning pointe and to have for references when need it!

My granddaughter loved this book. Wonderful illustrations/pictures. High quality.

I like that this book includes dance training opinions from many well-known professionals. It's good information to have. I really appreciate having other professional views to validate/compare what I've learned over the years. I think this book is a nice resource for students and new pointe teachers.

This book is a great resource for girls who are contemplating or beginning to us toe-shoes in ballet (en Pointe). It gives a lot of information about point shoes as well as information about foot care for dancers and how to practice. It was recommended by the ballet teacher, for all of her "point" students.

The book was used but it was in excellent condition. I sent it to my granddaughter who has just started pointe with her ballet training. She is very proud of it and finds it most helpful. Quick delivery. Good job.

delivered quickly, excellent resource for all dancers beginning to advanced. I have given this book on more than one ocassion to aspiring dancers starting their pointe education.

Bought this book as a gift a year ago. My daughter refers to it often. Took a chance when I bought it since I know very little about ballet.

I was disappointed to read an entire book on pointe and come away with so little. Poor discussion of shoe fitting, virtually no discussion of pointe technique, and only one figure/diagram in the whole book.

[Download to continue reading...](#)

Pointe Shoes for Beginners: Everything You Need to Know About Pointe Shoes The Magic of Pointe Shoes: Everything a Dancer Needs to Know About Pointe Shoes. All the Secrets Revealed by the Experts. The Perfect Pointe Book: All you need to get on pointe, stay on pointe and be the very best dancer you can be! The Pointe Book: Shoes, Training & Technique Second Edition The

Pointe Book: Shoes, Training, Technique Puppy Training: How To Train a Puppy: A Step-by-Step Guide to Positive Puppy Training (Dog training,Puppy training, Puppy house training, Puppy training ... your dog,Puppy training books Book 3) Shoes, Shoes, Shoes: The Autobiography of Alice B. Shoe Crate Training: Crate Training Puppies - Learn How to Crate Train Your Puppy Fast and Simple Way (Crate Training for Your Puppy): Crate Training (Dog Training, ... Training, Dog Care and Health, Dog Breeds,) Pointe Shoes, Tips and Tricks: For Choosing, Tuning, Care (Ballet) Cat Training: The Definitive Step By Step Guide to Training Your Cat Positively, With Minimal Effort (Cat training, Potty training, Kitten training, Toilet ... Scratching, Care, Litter Box, Aggression) Puppy Training: The Ultimate Guide to Housebreak Your Puppy in Just 7 Days: puppy training, dog training, puppy house breaking, puppy housetraining, house ... training, puppy training guide, dog tricks) Puppy Training: The Complete Guide To Housebreak Your Puppy in Just 7 Days: puppy training, dog training, puppy house breaking, puppy housetraining, house ... training, puppy training guide, dog tricks) Puppy Training: A Step-by-Step Guide to Crate Training, Potty Training, Obedience Training, and Behavior Training Dog Training -Train Your Dog like a Pro:The Ultimate Step by Step Guide on How to Train a Dog in obedience(Puppy Training, Pet training book) (Dog Taining, ... training books,How to train a dog, Book 2) Pete the Cat Set (Pete the Cat I Love My White Shoes, Pete the Cat Rocking in My School Shoes, and Pete the Cat and His Four Groovy Buttons) by Eric Litwin (2013) Paperback Pete the Cat Audio CD Pack : Includes 3 Audio CDs : Pete the Cat and His Four Groovy Buttons CD / Pete the Cat: I Love My White Shoes CD / Pete the Cat: Rocking in My School Shoes CD (Pete the Cat Audio CDs) Brain Games for Dogs: Training, Tricks and Activities for your Dog -Physical and Mental wellness(Dog training, Puppy training,Pet training books, Puppy ... games for dogs, How to train a dog Book 1) Dog Crate Training: 8 Tips to Help Your Best Friend Adjust (Dog Training, dog crate training problems, dog separation anxiety, dog potty training Book 1) Bodyweight Training: Bodyweight Cross Training WOD Bible: 220 Travel Friendly Home Workouts (Bodyweight Training, Bodyweight Exercises, Strength Training, ... Bodybuilding, Home Workout, Gymnastics) Rowing WOD Bible: 80+ Cross Training C2 Rower Workouts for Weight Loss, Agility & Fitness (Rowing Training, Bodyweight Exercises, Strength Training, Kettlebell, ... Training, Wods, HIIT, Cardio, Cycling)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

